

Fishhawk Lake Emergency Preparedness Committee
Presents:

First Aid and CPR Training – Free to FHL Residents

Saturday, Oct. 20, 2018
1pm to 5pm

Where: Mist-Birkenfeld Rural Fire Department Building
At 12525 Highway 202 toward Mist

Core Skills:

- Breathing and cardiac emergencies (CPR, AED)
- Injuries (broken bones, burns, cuts, stings)

“The life you save may be someone you love.”

*Reserve your spot! Call Heather at 755-0729 or
email hcissna@yahoo.com*